



# Mauldin Civitan Club

P.O Box 1068  
Mauldin, SC 29662

Vol. 1

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Issue 41

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## NEXT MEETING

Mauldin Cultural Center  
**June 21, 2018 @6:00pm**

## Dues

Membership Dues for  
Apr, May, June, may be  
mailed to:

P.O Box 1068  
Mauldin, SC 29662

*Mauldin Civitans are informed about:*

## **MENTAL HEALTH AMONG AGING POPULATION**

### **Aging ACROSS THE LIFE Course**



*Dr. Sharon Holder, Ph.D., MSc, MSW*

*Karen Cooke, LMSW-CP*

*On June 7, 2018 our speakers were from the  
Greenville Health System, Department of  
Psychiatry and Behavior Medicine*

Our speakers informed the Mauldin Civitans that:

Japan, Italy, Britain, and The US are the fastest aging groups in the world in that order.

The fastest aging group in Japan is 80 years old, and the fastest aging group in America is 85+. The fascinating part is that in the 1930's, 35-40 years was considered old.

These statistics lead to the question of What is keeping us younger? Our speaker indicates that research suggest technology, the advancement of medicine, diminishing communicable diseases, and increased sanitary living conditions all contribute to the difference in the longer life span.

According to the US Statistics 40% of the US population is 65 and older today, by the year 2030, 132 million will be 50 and older and 1 in 5 will be 65 and older.

With the statistics and evidence of longer life spans we often delay addressing the issues of aging until we reach that critical point of having to deal with it. But, today we were made aware that aging issues should be addressed before the critical point. some aging issues and how aging impacts us mentally referred to in this setting were:

DEMENTIA according to the American Alliance on Mental Illness only 1 in 5 Americans experience mental illness in a year.

DEPRESSION is impairing, the challenge in aging is to differentiate between a depressive mood or a depressive state and other health issues such as bladder and urinary tract infections which mimic behaviors and symptoms of mental illness.

ADDICTION DISORDER such as poly-pharmacy are problematic because the patient is treated for multiple illness by multiple doctors who do not communicate with each other, which results in several prescriptions, some of which cause additional symptoms, such as sleep deprivation.

The conclusion was mental health should be treated, it is nothing to be ashamed of, it is everyone's responsibility to dispel myths about mental health. Talk to your health care physician about any issues which are of concern to you. If you feel you need to get more help ask your physician to refer you to someone who can offer answers for you.



*Baking Cookies at RMH*

*Happy Birthday!*

<i>Dennis Raines</i>	<i>June 3</i>
<i>Alfred Johnson</i>	<i>June 9</i>
<i>Sharon Thomas</i>	<i>June 14</i>



- Eleven (11) unique restaurants ranging from fine dining to casual and to-go options
- The Beach pool
- Live Entertainment with top acts
- Miniature Golf
- Go-karts
- Skydiving at Grand AdventureLand
- FunQuest video arcade and laser tag
- 50-lane Family Bowling Center
- Grand Sierra Cinema movie theater
- Sierra Bay Aqua Golf, Reno's only over-water driving range
- Indoor Simulated Golf Course
- Shopping: Allure, Fashion Ave, Galleria, Outdoor Sport
- Full-service Spa and Salon
- Fitness Center
- Gaming
- Premier RV park with 164 easily accessed pads and full hookups

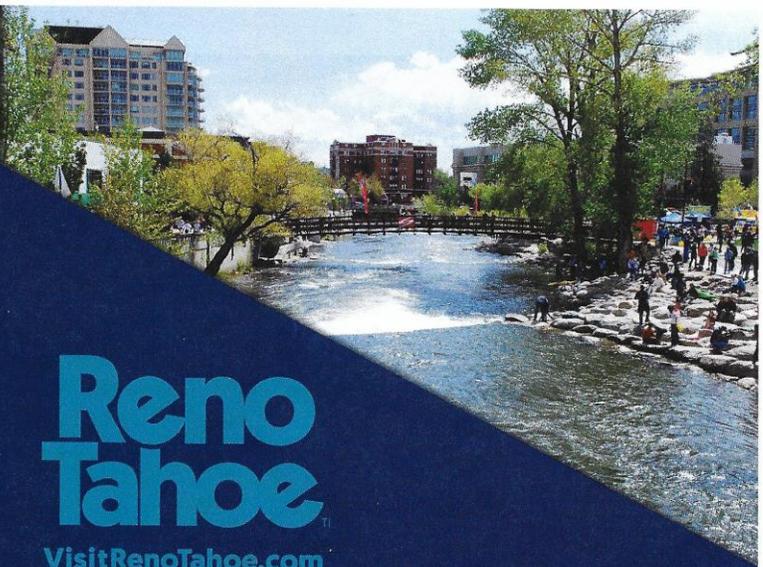
**Civitan Special  
Guest Room Rates  
for Single/Double Occupancy**

GSR Room: \$109.00 + taxes

Summit Room: \$129.00 + taxes

*Rates are Inclusive of Resort Fee*

[grandsierraresort.com](http://grandsierraresort.com) | 800.501.2651

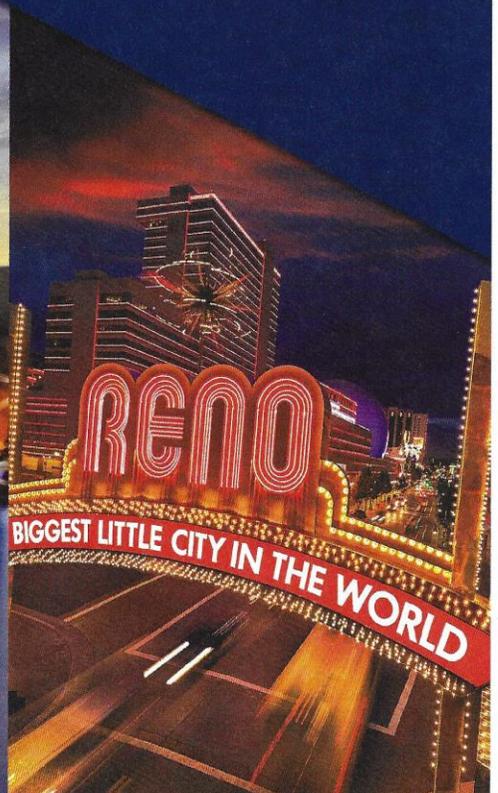


# Reno Tahoe

[VisitRenoTahoe.com](http://VisitRenoTahoe.com)

**Grand Sierra Resort is proud to host  
Civitan International's Convention**

7/22/2018 - 7/25/2018



# 2018 Civitan International Convention Official Registration Form for Civitans and Guests

Grand Sierra Resort • Reno, Nevada • Sunday, July 22 through Wednesday, July 25  
To register online, visit: [www.civitan.org/convention](http://www.civitan.org/convention)

**Instructions:** Registrations must be received on the Official Registration Form (include a separate signed form for each person). Every registrant must sign the Accident Waiver and Release of Liability. **Only those registered as Civitan members may be certified to vote on behalf of his or her club or district.** Delegate name badges will be required for entry to ALL convention functions including general sessions, workshops, and ticketed events.

### Check any offices you currently hold:

- International Board Member     Governor     Club President  
 Past International President     Governor-elect     Club President-elect

Full Name \_\_\_\_\_

Badge Name \_\_\_\_\_ Telephone \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Email \_\_\_\_\_

Civitan Club \_\_\_\_\_ Club Number \_\_\_\_\_

Civitan District \_\_\_\_\_ District Number \_\_\_\_\_

Please indicate any food allergies or medical conditions of which we should be aware: \_\_\_\_\_

This is my first Civitan International Convention.     Yes     No  
 I will be a voting delegate for my club.     Yes     No  
 I will be a voting delegate for my district.     Yes     No  
 } Check **only one**     Yes     No

\* Only those registered as Civitan members may be certified to vote on behalf of his or her club or district. You may be a voting delegate for your club or district, NOT both.

### Accident Waiver and Release of Liability

In consideration of my application and permitting me to participate and/or volunteer in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter accrue to me including my traveling to and from this event, CIVITAN INTERNATIONAL, its directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of the persons or entities being released or otherwise.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers, and/or assigns without compensation or notice to me.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Registration Fee Schedule (if received by)	April 1	June 1	July 15
<input type="checkbox"/> Civitan Event Package	\$250.00	\$265.00	\$280.00
<input type="checkbox"/> Civitan Registration only	\$160.00	\$175.00	\$190.00
<input type="checkbox"/> Guest Event Package	\$300.00	\$315.00	\$330.00
<input type="checkbox"/> Guest Registration only	\$210.00	\$225.00	\$240.00
<input type="checkbox"/> Welcome Party Ticket (Civitans & Guests)	\$30.00	\$40.00	\$55.00
<input type="checkbox"/> Installation Banquet Ticket (Civitans & Guests)	\$70.00	\$80.00	\$95.00

### Payment Options:

A. Check or Money Order Enclosed in the amount of: \$ \_\_\_\_\_  
 B. Bill my Credit Card     Visa     MasterCard     Discover     American Express

Card Card Number: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

## IMPORTANT PLEASE READ THIS SECTION FIRST

Two events are separately ticketed events and are not included in any base registration fee. Event packages include registration fee and both ticketed events. Following are the options available for registration of Civitans and Guests.

### REGISTRATION ONLY FEES

#### Civitan Program Registration ONLY \$160.00 for all non-ticketed functions including:

- Opening Ceremonies
- First Business Session
- Seminars and Workshops
- Host Hospitality, Supply House
- Civitan International Research Center Presentation
- Membership Extravaganza
- Elections Business Session

#### Guest Program Registration ONLY \$210.00 In addition to Civitan Program includes:

- Monday tour
- Tuesday tour

### SEPARATELY TICKETED EVENTS

Following Opening Ceremonies on Sunday, a themed Welcome Party will be held. Tickets for the Welcome Party are limited. Once the Civitan Business has concluded Wednesday morning we will wrap up the convention with the Closing Installation Banquet. Both of these events are separately ticketed and are not included in any other base program registration, but are included in packages as noted below.

**Welcome Party** (Civitan, Guests and Youth)  
\$30.00 (limited number of tickets available)

**Saturday's Closing Installation Banquet**  
\$70.00 for Civitan or Guest

### EVENT PACKAGES

#### Civitan Event Package = \$250.00

Includes complete Civitan Program in addition to the Welcome Party and Closing Installation Banquet

#### Guest Event Package = \$300.00

Includes complete Guest Program in addition to the Welcome Party and Closing Installation Banquet

Mail or fax form with payment or payment information to:

Fax: (205) 592-6307

Civitan International Convention

P. O. Box 130744, Birmingham, AL 35213-0744 USA

**2018 Cancellation Policy:** Requests for registration refunds postmarked before June 1 will be assessed a \$15 processing fee. Requests for registration refunds postmarked June 1 through July 8 will be assessed a 50 percent fee. Requests postmarked July 9 through July 21 are eligible for a 25 percent refund. Request for refunds of ticketed events will not be accepted after July 21. Cancellations due to bona fide emergencies (death or illness) will be honored, less the \$15 processing fee, if received no later than August 25. No requests for refund will be honored after August 25. All requests must be received in writing.

**Convention Policy:** Registrant name badges will be required to attend ALL convention functions, including general sessions, elections, workshops, and ticketed programs. These will be included in your convention packet, and provided upon arrival. Thank you for your understanding.